

Commercial	Exchange	Medicare
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Statin Use in Persons with Diabetes (SUPD)¹

PHARMACY QUALITY ALLIANCE - ENDORSED PERFORMANCE MEASURE

Patients with diabetes have an increased prevalence of lipid abnormalities, which contributes to their increased risk of cardiovascular disease. Statins are effective at lowering cholesterol and protecting against a heart attack and stroke. The American College of Cardiology/American Heart Association (ACC/AHA) and the American Diabetes Association guidelines all recommend using statins in patients with diabetes for cardiovascular risk reduction.²

Measure definition

The percentage of diabetic patients 40–75 years of age who receive at least 1 fill of a statin medication during the measurement year using their Part D benefit. Patients with diabetes are defined as those who have **at least 2** fills of a diabetes medication during the measurement year.

Note: Patients must use their Medicare Part D pharmacy benefit, as gap closure is dependent on pharmacy claims. Statins found in combination medications (i.e., Caduet, Vytorin, and Roszet) also satisfy the measure.

Note: Only statins satisfy this measure; other cholesterol medications (e.g., fibrates, ezetimibe, PCSK9s) do not satisfy measure.

Medications included in measure

Medication	
- Atorvastatin (Lipitor, Caduet) - Fluvastatin (Lescol XL) - Lovastatin (Altoprev) - Pitavastatin (Livalo, Zypitamag)	- Pravastatin (Pravachol) - Rosuvastatin (Crestor, Ezallor, Roszet) - Simvastatin (Zocor, Vytorin)

Coding information

To exclude patients from the measure who cannot tolerate statin medications, a claim must be **submitted annually** using the appropriate ICD-10-CM code³:

- These codes are intended to close Star measure gaps and do not apply to payment or reimbursement. Only the codes listed below will exclude the patient from the SUPD measure.
- Providers may use virtual care to confirm and document the exclusion diagnosis in the medical record. They should then bill the non-reimbursable **HCPSC⁴ code** G9781 for \$0.01 with the applicable ICD-10 code attached to process the claim and remove the patient from the Star measure.

ICD-10-CM code	Condition
K70.30, K70.31, K71.7, K74.3, K74.4, K74.5, K74.60, K74.69	Cirrhosis
I12.0, I13.11, I13.2, N18.5, N18.6, N19, Z91.15, Z99.2	End State Renal Disease (ESRD)/Dialysis
Numerous > 1k	Pregnancy and/or lactation
E28.2	Polycystic Ovarian Syndrome
R73.03	Pre-diabetes
R73.09	Other abnormal blood glucose
G72.0	Drug-induced myopathy*
G72.89	Other specified myopathies*
G72.9	Myopathy, unspecified*
M60.9	Myositis, unspecified*
M62.82	Rhabdomyolysis*

**The condition the code refers to does not need to occur in the same year the code was billed.*

Tips for successfully closing care gap

Educate patients on the importance of statin medications for diabetic patients ages 40-75, regardless of LDL levels.

- Discuss the importance of taking medications as prescribed.
- Once patient demonstrates that they tolerate statin therapy, encourage them to obtain 90 or 100-day supplies through their pharmacy or mail-order pharmacy.
- Instruct patients to fill prescriptions using their Medicare Part D pharmacy benefit.
 - Discount programs, VA or commercial benefits, cash claims, and medication samples will not close an SUPD gap.
 - Gap closure is dependent on pharmacy claims.
- Medication costs are often less when patients use their pharmacy benefit.
- Instruct patients to contact their practitioner if they are feeling adverse effects.
 - Document any adverse effects from statin therapy.
 - Determine if the signs/symptoms qualify as an exclusion.
 - Try reducing the dose or frequency.
 - Consider trying a different statin.

Exclusions

Patients are excluded if they:

- Are diagnosed with myositis, myopathy or rhabdomyolysis at any time and ICD code submitted during current measurement year.
- Are diagnosed with myalgia or rhabdomyolysis caused by a statin any time during the patients' history.
- Have a diagnosis of Prediabetes, End stage renal disease (ESRD) or Cirrhosis.
- Are Pregnant, lactating or undergoing fertility treatment.
- Are diagnosed with polycystic ovarian syndrome (PCOS).
- Received hospice services anytime during the measurement year.
- Are deceased during the measurement year.

¹Pharmacy Quality Alliance (PQA) is a national quality organization dedicated to improving medication safety, adherence and appropriate use. PQA measures are included in the Medicare Part D Star Ratings.

²American Diabetes Association Professional Practice Committee. "Cardiovascular disease and risk management: Standards of Medical Care in Diabetes." diabetesjournals.org/care/article/45/Supplement_1/S144/138910/10-Cardiovascular-Disease-and-Risk-Management

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